



January 1, 2022

2022 Opioid Education

Dear members,

Prescription opioids such as oxycodone, hydrocodone, morphine, and fentanyl, among others, are powerful medications that have pain-reducing benefits but also may lead to misuse, addiction, overdose, and even death. Prolonged duration will increase an individual's risk of misuse, addiction or overdose while taking opioids. Prolonged use is associated with significant risk of addiction. Physical dependence and addiction to opioids may occur in as little as a few days. As many as one in four people receiving prescription opioids long term in a primary care setting struggles with opioid addiction.

Alternative Options

At Florida Complete Care, we cover non-pharmacological therapies, devices, and non-opioid medications as alternatives to opioid medications. There are many non-opioid treatments available for pain, including prescription and over-the-counter aspirin, ibuprofen, and acetaminophen. Florida Complete Care has a robust over-the-counter catalog offering nonprescription medications and health related items at \$0 copay up to \$250-\$300 per month, depending on your plan. We also cover non-pharmacological services such as mental health therapy, physical therapy and patient education.

Talk with your doctor

Talk with your doctor about all your pain treatment options, including whether taking an opioid medication is right for you. You might be able to take other medications or do other things to help manage your pain with less risk. What works best is different for each patient. Treatment decisions to start, stop or reduce prescription opioids should be made by you and your doctor. For more information on what your plan covers and drug coverage rules, visit FC2HealthPlan.com or call Member Services toll-free at 1-833-FC2-PLAN (1-833-322-7526), TTY 711.

